**Pace Pastures Services**

1. **Equine-Assisted Learning (EAL) Sessions**
2. Our tailored Equine-Assisted Learning (EAL) sessions offer a unique approach to mental health support and healing. Designed to address individual needs, these sessions leverage the special bond between humans and horses to promote emotional well-being and resilience. Our programs include:

* **Personalized EAL Sessions**: One-on-one or group sessions customized to meet specific goals.
* **Trauma Recovery Workshops**: Structured workshops aimed at empowering survivors of trauma through equine interactions.
* **Emotional Resilience Programs**: Programs focused on building emotional strength and coping skills.

**2. Horse Rescue and Rehabilitation**

At Pace Pastures, we provide a loving and safe home for rescued horses, giving them a second chance at a peaceful and fulfilling life. Our horse rescue and rehabilitation services include:

* **Horse Rescue**: Actively rescuing horses in need from neglect, abuse, or abandonment.
* **Rehabilitation**: Offering medical care, training, and socialization to prepare rescued horses for a new life.
* **Adoption Services**: Facilitating the adoption of rehabilitated horses into suitable forever homes.

**3. Community Outreach and Education**

We are committed to raising awareness and educating the community about the benefits of equine-assisted learning and the importance of horse rescue. Our outreach and education services include:

* **Workshops and Seminars**: Educational events on equine interactions, horse care, and trauma recovery.
* **School and Group Programs**: Interactive sessions for schools and community groups to learn about horses and their benefits.
* **Volunteer Opportunities**: Engaging community members in our mission through hands-on volunteer experiences.

**4. Support for Trauma Survivors**

We offer specialized support for individuals affected by domestic violence, trafficking, and other traumas. Our services include:

* **Individual Counseling**: Personalized support sessions focused on healing and empowerment through equine interactions.
* **Group Support**: Facilitated group sessions that provide peer support and collective healing experiences.
* **Safe Space**: Providing a secure and nurturing environment for trauma survivors to engage in recovery.